



60m Heat 1

1	108	Alex	Nelson	SEN	M	Sale Harriers Manchester	6.78
2	194	Simon	Farrenden	SEN	M	Trafford AC	6.92
3	35	Tom	Martin	SEN	M	Sale Harriers Manchester	6.95
4	24	Andrew	Robertson	U17	M	Sale Harriers Manchester	7.06
5	45	Kevin	Ellis	SEN	M	Nene Valley Harriers	7.11
6							

60m Heat 2

1	130	Dominic	Bradley	SEN	M	Birchfield Harriers & AC	7.07
2	117	Nicholas	Gayle	SEN	M	Sale Harriers Manchester	7.14
3	710	Eddi	Chan	U20	M	Sale Harriers Manchester	7.17
4	109	Duncan	Malins	SEN	M	Newham & Essex Beagles AC	7.19
5	142	Richard	Rubenis	SEN	M	Telford AC	7.20
6	111	Sean	James	U20	M	Liverpool Harriers & AC	7.49
7							

60m Heat 3

1	140	Jim	Tipper	SEN	M	Telford AC	7.19
2	124	Andrew	Jones	U20	M	Shrewsbury A.C	7.23
3	746	Franklin	Oparah	SEN	M	Sale Harriers Manchester	7.32
4	68	William	Green	U20	M	Bolton United Harriers & AC	7.44
5	10	Jack	Thomas	U20	M	Horwich RMI Harriers & AC	7.60
6	761	Tom	Grantham	SEN	M	City of Sheffield AC	7.61

60m Heat 4

1	104	Rob	Henry	SEN	M	Kingston upon Hull AC	7.28
2	168	Nial	Wiscombe	SEN	M	Jarrow & Hebburn	7.41
3	169	Anthony	Timms	U20	M	Leeds City AC	7.42
4	91	James	Wright	U20	M	Sale Harriers Manchester	7.46
5	166	Jamie	Vickery	U20	M	Wigan & District Harriers & AC	7.48
6	726	Joe	Lancaster	U20	M	Sale Harriers Manchester	7.50

60m Heat 5

1	768	Michael	Zaim	SEN	M	Liverpool Pembroke Sefton AC	7.28
2	147	Sean	Huxtable	SEN	M	Dudley & Stourbridge	7.48
3	146	Andy	Flint	SEN	M	Telford AC	7.50
4	2	Leon	Creaney	SEN	M	Liverpool Harriers & AC	7.53
5	737	Ian	Milson	SEN	M	Liverpool Pembroke Sefton AC	7.62
6	125	Daniel	Gardiner	U20	M	Leeds City AC	7.75
7	57	Ioannis	Mekras	SEN	M	Liverpool Harriers & AC	7.81
8							

60m Heat 6

1	178	Adam	Timms	U17	M	Pudsey & Bramley AC	7.60
2	760	Anthony	Gotts	SEN	M	Blackburn Harriers & AC	7.61
3	704	Leigh	Ireland	SEN	M	Liverpool Pembroke Sefton AC	7.67
4	705	Caris	Nicholson	SEN	M	Liverpool Pembroke Sefton AC	7.98
5	114	Chris	Price	SEN	M	Liverpool Harriers & AC	8.01
6	120	Michael	Sweeney	U20	M	Liverpool Harriers & AC	8.04
7	95	Lee	Taylor	SEN	M	Liverpool Pembroke Sefton AC	8.33
8							

60m Heat 7

1	121	Jessica	Ennis	SEN	F	City of Sheffield AC	7.53
2	158	Jennifer	Taker	U20	F	Trafford AC	7.59
3	709	Hayley	Jones	U20	F	Wigan & District Harriers & AC	7.74
4	82	Sara	McGravy	SEN	F	Sale Harriers Manchester	7.75
5	161	Fiona	Harrison	SEN	F	Trafford AC	7.89
6	85	Bernice	Wilson	SEN	F	Birchfield Harriers & AC	7.93
7	115	Andrea	Vinci	SEN	F	Loughborough Students	8.06



60m Heat 8

1	159	Vicki	Barr	SEN	F	Rugby & Northampton AC	7.70
2	179	Lauren	Arthur	SEN	F	Gateshead Harriers & AC	7.98
3	131	Katey	Read	SEN	F	Liverpool H	8.81
4	100	Emma	Warrell	SEN	F	Kingston upon Hull AC	8.11
5	62	Ruth	Dales	SEN	F	Wakefield Harriers & District AC	8.29
6							

60m Heat 9

1	3	Jennifer	Igbokwe	U20	F	Sale Harriers Manchester	7.90
2	162	Sheona	Burns	SEN	F	Gateshead Harriers & AC	7.93
3	60	Laura	Heslop	SEN	F	Wirral AC	8.02
4	717	Edwina	Anyanwu	SEN	F	Trafford AC	8.35
5	756	Laura	Abel	SEN	F	Liverpool Pembroke Sefton AC	8.81
6							

60m Heat 10

1	69	Harry	Doran	U17	M	Liverpool Pembroke Sefton AC	7.49
2	733	Paul	Bradshaw	U20	M	Blackburn Harriers & AC	7.61
3	105	Lewis	Stead	U20	M	Kingston upon Hull AC	7.64
4	176	William	Steel	U20	M	Nestle Rowntree AC	7.69

60m Heat 11

1	747	Rebekah	Wilson	U17	F	Sale Harriers Manchester	7.79
2	31	Helen	Asher	U20	F	Liverpool Harriers & AC	7.95
3	198	Becky	McLindon	U20	F	Wirral AC	8.04
4	719	Kerry	Salter	U20	F	Bedford & County	8.24
5	751	Corinne	Stott	U20	F	Wigan & District Harriers & AC	8.28

60m Heat 12

1	39	Kate	Brick	U20	F	Wirral AC	8.29
2	98	Katie	Mchale	U20	F	Southport Waterloo AC	8.41
3	734	Nicola	Barnes	U20	F	Ribble Valley AC	9.15
4	742	Jennifer	Mitchell	U20	F	Ribble Valley AC	9.65
5	52	Heather	Williams	U17	F	Ribble Valley AC	9.82

60m Heat 13

1	187	Luke	Millerbrigs	U17	M	Warrington AC	7.34
2	76	James	Armstrong	U15	M	Southport Waterloo AC	7.45
3	163	Adam	Forrest	U17	M	Wigan & District Harriers & AC	7.58
4	192	Martyn	Brown	U17	M	Wirral AC	7.66
5	27	Matthew	Storey	U17	M	Horwich RMI Harriers & AC	7.76
6	51	Michael	Aspden	U17	M	Ribble Valley AC	7.89

60m Heat 14

1	172	Matthew	Rowlings	U17	M	City of Stoke AC	7.49
2	196	Danny	Higham	U17	M	Liverpool Pembroke Sefton AC	7.63
3	54	Sean	Walsh	U17	M	Unattached	8.03
4	31	Helen	Asher	U20	F	Liverpool Harriers & AC	8.11
5	743	Josh	Barrand	-	M	City of Stoke AC	8.12
6	182	Matthew	Lishman	U17	M	Kendal A.C.	8.45
7	42	Callan	Hamilton	U17	M	Crewe & Nantwich AC	8.51

60m Heat 15

1	138	Mica	Nottingham	U17	F	-	7.97
2	32	Danielle	Rooney	U17	F	Preston Harriers	8.16
3	143	Harriet	James	U17	F	Preston Harriers	8.27
4	193	Haley	Darbyshire	U17	F	Warrington AC	8.28
5	149	Brogan	Fraser	U17	F	Richmond & Zetland	8.43
6	94	Katrina	Hall	U17	F	Preston Harriers	8.62

60m Heat 16

1	101	Bethany	Hirst	U17	F	East Cheshire Harriers & Tameside AC	8.34
2	19	Melissa	Forrest	U17	F	Wigan & District Harriers & AC	8.37
3	4	Abby	Glover	U17	F	Derby AC	8.44
4	741	Abigail	Haywood	U17	F	Sale Harriers Manchester	8.55
5	74	Louisa	Hodgson	U17	F	Preston Harriers	8.55

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6	750	Edith	Nsarhazia		M	Horwich RMI Harriers & AC	8.98
7	703	Rebecca	Keating	U17	F	Horwich RMI Harriers & AC	9.24

60m Heat 17

1	701	Daniel	Needham	U15	M	Wigan & District Harriers & AC	8.05
2	706	Joshua	Hughes	U15	M	Southport Waterloo AC	8.14
3	136	Craig	Davick	U15	M	Felldancers AC	8.17
4	135	Samsul	Mohammed	U15	M	Felldancers AC	8.27
5	720	Luke	Hutchins	U15	M	East Cheshire Harriers & Tameside AC	8.29

60m Heat 18

1	744	Josh	Bowe	U15	M	Wirral AC	8.66
2	183	Callum	Blaikie	U15	M	Kendal A.C.	8.68
3	5	Christopher	Rushton	U15	M	Leeds City AC	8.85
4	718	William	Lacey	U15	M	Sale Harriers Manchester	8.99
5	141	Calum	Roughneen	U15	M	-	9.17
6	715	Harry	Henderson	U15	M	-	10.44

60m Heat 19

1	55	Fiona	Laurie	U17	F	Border Harriers & AC	8.38
2	97	Suzanne	Palmer	U15	F	Derby AC	8.53
3	12	Rebecca	Buchanan	U15	F	Horwich RMI Harriers & AC	8.59
4	88	Tiffany	Dacre	U15	F	Horwich RMI Harriers & AC	8.82
5	23	Hannah	Prestage	U15	F	Sale Harriers Manchester	9.01
6	153	Rachael	Farthing	U15	F	Lancaster & Morecambe AC	9.46

60m Heat 20

1	127	Sophie	Eland	U15	F	Preston Harriers	8.40
2	197	Eleanor	Lewis	U15	F	Wirral AC	8.41
3	123	Hannah	Lupton	U15	F	Preston Harriers	8.53
4	711	Olivia	Callaghan	U15	F	Sale Harriers Manchester	8.86
5	137	Louise	Kelly	U15	F	Southport Waterloo AC	8.92
6	96	Lucy	Whitehead	U15	F	Southport Waterloo AC	9.20

60m Heat 21

1	22	Emma	Lyons	U15	F	Southport Waterloo AC	8.46
2	754	Lexi	Cochrane	U15	F	Bolton	8.82
3	83	Rachel	Pearson	U15	F	Horwich RMI Harriers & AC	9.08
4	762	Victoria	Bates	U15	F	Horwich RMI Harriers & AC	10.82

60m Round 2 Heat 1

1	158	Jennifer	Taker	U20	F	Trafford AC	7.56
2	709	Hayley	Jones	U20	F	Wigan & District Harriers & AC	7.72
3	747	Rebekah	Wilson	U17	F	Sale Harriers Manchester	7.74
4	159	Vicki	Barr	SEN	F	Rugby & Northampton AC	7.80
5	161	Fiona	Harrison	SEN	F	Trafford AC	7.93
6	179	Lauren	Arthur	SEN	F	Gateshead Harriers & AC	7.99
7	162	Sheona	Burns	SEN	F	Gateshead Harriers & AC	8.03
8	31	Helen	Asher	U20	F	Liverpool Harriers & AC	8.07

60m Round 2 Heat 2

1	194	Simon	Farrenden	SEN	M	Trafford AC	6.91
2	185	Richard	Kilty	U20	M	Gateshead Harriers & AC	6.95
3	24	Andrew	Robertson	U17	M	Sale Harriers Manchester	7.02
4	710	Eddi	Chan	U20	M	Sale Harriers Manchester	7.26
5	746	Franklin	Oparah	SEN	M	Sale Harriers Manchester	7.27
6	111	Sean	James	U20	M	Liverpool Harriers & AC	7.40
7	57	Ioannis	Mekras	SEN	M	Liverpool Harriers & AC	7.77

60m Round 2 Heat 3

1	168	Nial	Wiscombe	SEN	M	Jarrow & Hebburn	7.59
2	69	Harry	Doran	U17	M	Liverpool Pembroke Sefton AC	7.59
3	726	Joe	Lancaster	U20	M	Sale Harriers Manchester	7.68

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4	166	Jamie	Vickery	U20	M	Wigan & District Harriers & AC	7.72
5	176	William	Steel	U20	M	Nestle Rowntree AC	7.84
6	112	Rory	Koehler	SEN	M	Liverpool Harriers & AC	7.94

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60m rgRound2 Heat5

1	193	Haley	Darbyshire	U17	F	Warrington AC	8.28
2	101	Bethany	Hirst	U17	F	East Cheshire Harriers & Tameside AC	8.34
3	149	Brogan	Fraser	U17	F	Richmond & Zetland	8.38
4	184	Lisa	Sable	U17	F	Sale Harriers Manchester	8.48

60m rgRound2 Heat 4

1	187	Luke	Millerbrigs	U17	M	Warrington AC	7.37
2	163	Adam	Forrest	U17	M	Wigan & District Harriers & AC	7.65
3	38	Tom	Charnock	U17	M	East Cheshire Harriers & Tameside AC	7.92

300M Heat 1

1	749	Tom	O'Brien	SEN	M	Wigan & District Harriers & AC	35.88
2	2	Leon	Creaney	SEN	M	Liverpool Harriers & AC	37.05
3	755	John	Rice	SEN	M	Liverpool Pembroke Sefton AC	37.88

300M Heat 2

1	738	Mark	Grimshaw	Sen	M	Liverpool Pembroke Sefton AC	35.92
2	768	Michael	Zaim	SEN	M	Liverpool Pembroke Sefton AC	36.62
3	737	Ian	Milsom	SEN	M	Liverpool Pembroke Sefton AC	39.06
4	769	Michael	Matar	SEN	M	Liverpool Pembroke Sefton AC	39.84

300M Heat 3

1	735	Kieran	McGing	Sen	M	Liverpool Pembroke Sefton AC	36.49
2	760	Anthony	Gotts	SEN	M	Blackburn Harriers & AC	38.81
3	95	Lee	Taylor	SEN	M	Liverpool Pembroke Sefton AC	42.58
4	119	Tony	Foster	Vet45	M	Leamington Spa AC	44.64

300M Heat 4

1	159	Vicki	Barr	SEN	F	Rugby & Northampton AC	38.90
2	85	Bernice	Wilson	SEN	F	Birchfield Harriers & AC	41.20
3	157	Jackie	Noblet	SEN	F	Preston Harriers	43.20

300M Heat 5

1	162	Sheona	Burns	SEN	F	Gateshead Harriers & AC	42.35
2	756	Laura	Abel	SEN	F	Liverpool Pembroke Sefton AC	45.66
3	44	Caroline	Golder	SEN	F	Stafford Harriers	47.45

300M Heat 6

1	730	Philip	Norfolk	U20	M	Enfield & Harringay	34.83
2	733	Paul	Bradshaw	U20	M	Blackburn Harriers & AC	36.21
3	176	William	Steel	U20	M	Nestle Rowntree AC	37.27
4	17	Stephen	Wsarhaza	U20	M	Horwich RMI Harriers & AC	40.69

300M Heat 7

1	736	Jack	McGing	U20	M	Liverpool Pembroke Sefton AC	36.73
2	166	Jamie	Vickery	U20	M	Wigan & District Harriers & AC	37.53
3	782	Jonathan	Sutch	U20	M	Wigan & District Harriers & AC	38.60

300M Heat 8

1	10	Jack	Thomas	U20	M	Horwich RMI Harriers & AC	38.85
2	724	Sean	Williams	U20	M	Ribble Valley AC	39.08
3	723	Nathan	Riding	U20	M	Ribble Valley AC	39.27

300M Heat 9

1	37	Nathan	Scholes	U20	M	Trafford AC	38.97
2	102	Steven	Gellett	U17	M	Southport Waterloo AC	40.32
3	129	Sam	Higginson	U20	M	Lancaster & Morecambe AC	40.85

300M Heat 10

1	745	Carmen	Gedling	U17	F	Liverpool Harriers & AC	41.34
2	751	Corinne	Stott	U20	F	Wigan & District Harriers & AC	42.51

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3	53	Ashleigh	Williams	U20	F	Ribble Valley AC	43.33
4	783	Gail	Lippitt	U20	F	Sale Harriers Manchester	44.50

300M Heat 11

1	150	Charlotte	Maxted	U20	F	-	45.82
2	133	Katy	Hooton	U20	F	Southport Waterloo AC	46.51
3	734	Nicola	Barnes	U20	F	Ribble Valley AC	47.02
4	742	Jennifer	Mitchell	U20	F	Ribble Valley AC	49.33

300M Heat 12

1	76	James	Armstrong	U15	M	Southport Waterloo AC	37.60
2	56	Joe	Basquill	U17	M	Ribble Valley AC	38.90
3	65	Ian	Yates	U17	M	Ribble Valley AC	39.20
4	182	Matthew	Lishman	U17	M	Kendal A.C.	44.20

300M Heat 13

1	196	Danny	Higham	U17	M	Liverpool Pembroke Sefton AC	37.40
2	27	Matthew	Storey	U17	M	Horwich RMI Harriers & AC	38.46
3	728	Callum	Burns	U17	M	Liverpool Pembroke Sefton AC	39.07
4	51	Michael	Aspden	U17	M	Ribble Valley AC	40.24

300M Heat 14

1	8	Lauren	Brennan	U17	F	Southport Waterloo AC	42.03
2	48	Leigh	Lennon	U17	F	Ribble Valley AC	42.50
3	4	Abby	Glover	U17	F	Derby AC	42.75
4	58	Jennifer	Simmons	U17	F	Sale Harriers Manchester	43.70

300M Heat 15

1	138	Mica	Nottingham	U17	F	-	41.47
2	19	Melissa	Forrest	U17	F	Wigan & District Harriers & AC	42.10
3	190	Zoe	Reid	U17	F	Trafford AC	42.76

300M Heat 16

1	777	Victoria	Malady	U17	F	Trafford AC	43.02
2	18	Elizabeth	Clarke	U17	F	Pendle AC	47.95
3	46	Amy	Crabtree	U17	F	Ribble Valley AC	50.25

300M Heat 17

1	739	Rebecca	Kemp	U17	F	Ribble Valley AC	51.77
2	52	Heather	Williams	U17	F	Ribble Valley AC	52.29
3	64	Alexandra	bellard	U17	F	Ribble Valley AC	55.57

300M Heat 18

1	16	Georgio	Costa	U17	M	Rochdale Harriers & AC	41.60
2	79	Michael	Stam	U15	M	Liverpool Pembroke Sefton AC	45.82
3	714	Matthew	Long	U15	M	-	47.42
4	729	Sarah	Crossley	U17	F	Ribble Valley AC	48.57

300M Heat 19

1	127	Sophie	Eland	U15	F	Preston Harriers	45.55
2	12	Rebecca	Buchanan	U15	F	Horwich RMI Harriers & AC	47.01
3	754	Lexi	Cochrane	U15	F	Bolton	47.44
4	66	Hayley	Hunton	U15	F	Ribble Valley AC	49.76

300M Heat 20

1	740	Kathryn	Mellor	U15	F	Manchester Harriers & AC	44.60
2	711	Olivia	Callaghan	U15	F	Sale Harriers Manchester	46.54
3	80	Patricia	Lewis	U17	F	Salford Metropolitan AC	47.28
4	23	Hannah	Prestage	U15	F	Sale Harriers Manchester	49.87

300M Heat 21

1	99	Alisha	Casement	U17	F	Kendal A.C.	46.44
2	772	Kerrell	Walley	U15	F	Wigan & District Harriers & AC	46.57
3	63	Anoushen	Mahjoob	U15	F	Manchester Harriers & AC	48.10
4	88	Tiffany	Dacre	U15	F	Horwich RMI Harriers & AC	48.91



300M Heat 23

1	83	Rachel Pearson	U17 F	Horwich RMI Harriers & AC	48.23
2	47	Abbie Thistlethwaite	U15 F	Ribble Valley AC	49.60
3	50	Tess Parkinson	U15 F	Ribble Valley AC	49.76

600M Heat 1

1	775	Jenny Meadows	Sen F	Wigan & District Harriers & AC	01:25.81
2	759	Danielle McCann	SEN F	-	01:43.78
3	44	Caroline Golder	SEN F	Stafford Harriers	01:51.36

600M Heat 2

1	787	Chris Bryant	SEN M	Wigan & District Harriers & AC	02:22.05
2	752	Tony Thompson	SEN M	-	02:22.12
3	738	Mark Grimshaw	Sen M	Liverpool Pembroke Sefton AC	02:22.12
4	721	Rob Ingham	SEN M	Oldham & Royton Harriers & AC	02:22.22
5	735	Kieran McGing	Sen M	Liverpool Pembroke Sefton AC	02:25.55

600M Heat 3

1	774	Daniel Eckersley	Sen M	Burnley	01:25.69
2	786	Danny Hind	Sen M	Wigan & District Harriers & AC	01:26.21
3	134	Wajib Ali	SEN M	Felldancers AC	01:27.47
4	707	Andrew Skitt	SEN M	Manchester Harriers & AC	01:27.79
5	784	Danny Kevan	Sen M	Wigan & District Harriers & AC	01:31.05

600M Heat 4

1	61	Kevin Pye	SEN M	Charnwood AC	01:34.68
2	81	Dave Ashworth	SEN M	Leamington Spa AC	01:39.05
3	119	Tony Foster	Vet45 M	Leamington Spa AC	01:40.14

600M Heat 5

1	763	Beccy Nuttall	U20 F	Deeside	01:37.35
2	48	Leigh Lennon	U17 F	Ribble Valley AC	01:38.47
3	773	Kirstie Drabble	U20 F	Sale Harriers Manchester	01:40.53
4	53	Ashleigh Williams	U20 F	Ribble Valley AC	01:42.21

600M Heat 6

1	723	Nathan Riding	U20 M	Ribble Valley AC	01:27.73
2	724	Sean Williams	U20 M	Ribble Valley AC	01:29.05
3	732	Ross Nelms	U17 M	Liverpool Pembroke Sefton AC	01:32.53

600M Heat 7

1	753	Oriel Hardman	U17 F	Bolton	01:42.68
2	41	Charlotte Asher	U17 F	Border Harriers & AC	01:42.87
3	785	Catherine Whitfield	U17 F	Wigan & District Harriers & AC	01:46.26
4	46	Amy Crabtree	U17 F	Ribble Valley AC	01:53.36
5	731	Emily Jameson	U17 F	Blackburn Harriers & AC	01:54.39
6	729	Sarah Crossley	U17 F	Ribble Valley AC	01:56.00
7	64	Alexandra bellard	U17 F	Ribble Valley AC	02:09.21
8	739	Rebecca Kemp	U17 F	Ribble Valley AC	02:11.51

600M Heat 8

1	69	Harry Doran	U17 M	Liverpool Pembroke Sefton AC	01:27.41
2	56	Joe Basquill	U17 M	Ribble Valley AC	01:28.38
3	757	Jonathan Dunlop	U17 M	Crewe & Nantwich AC	01:28.44
4	65	Ian Yates	U17 M	Ribble Valley AC	01:29.94
5	16	Georgio Costa	U17 M	Rochdale Harriers & AC	01:37.66
6	42	Callan Hamilton	U17 M	Crewe & Nantwich AC	01:48.99

600M Heat 9

1	103	Lucy Mcdermott	U15 F	Manchester Harriers & AC	01:46.73
2	722	Neris Ibrahim	U15 F	Sale Harriers Manchester	01:49.34
3	59	Rebecca Kay	U15 F	Bolton United Harriers & AC	01:50.79
4	66	Hayley Hunton	U15 F	Ribble Valley AC	01:52.65
5	15	Gina Thornton	U15 F	Rochdale Harriers & AC	01:54.78
6	47	Abbie Thistlethwaite	U15 F	Ribble Valley AC	01:56.65



600M Heat 10

1	164	Niomi	Thompson	U15	F	Blackburn Harriers & AC	01:48.47
2	80	Patricia	Lewis	U17	F	Salford Metropolitan AC	01:51.31
3	764	Alice	Fraser	U15	F	Deeside	01:52.11
4	771	Cherisse	Walley	U15	F	Wigan & District Harriers & AC	01:53.60
5	50	Tess	Parkinson	U15	F	Ribble Valley AC	02:00.05
6	43	Emily	hatton	U15	F	Crewe & Nantwich AC	02:09.72

600M Heat 11

1	748	Alex	Lett	U17	M	Sale Harriers Manchester	01:40.95
2	727	Eliot	Bailey	U15	M	Ribble Valley AC	01:56.66

60m Hurdles Heat 1

1	117	Nicholas	Gayle	SEN	M	Sale Harriers Manchester	8.16
2	109	Duncan	Malins	SEN	M	Newham & Essex Beagles AC	8.17
3	104	Rob	Henry	SEN	M	Kingston upon Hull AC	8.30

60m Hurdles Heat 2

1	167	Umar	Hamid	U20	M	Leeds City AC	8.50
2	125	Daniel	Gardiner	U20	M	Leeds City AC	8.64
3	105	Lewis	Stead	U20	M	Kingston upon Hull AC	9.37
4	154	Sam	Etherington	U20	M	Liverpool Harriers & AC	12.02

60m Hurdles Heat 3

1	175	Jack	Meredith	U17	M	Liverpool Harriers & AC	8.68
2	92	Matthew	Wright	U17	M	Sale Harriers Manchester	9.14
3	173	James	Davies	U17	M	Sale Harriers Manchester	9.25

60m Hurdles Heat 4

1	82	Sara	McGravy	SEN	F	Sale Harriers Manchester	8.30
2	121	Jessica	Ennis	SEN	F	City of Sheffield AC	8.36
3	131	Katey	Read	SEN	F	Liverpool H	8.66
4	115	Andrea	Vinci	SEN	F	Loughborough Students	8.81

60m Hurdles Heat 5

1	62	Ruth	Dales	SEN	F	Wakefield Harriers & District AC	9.15
2	144	Claire	Huck	SEN	F	Kendal A.C.	9.83
3	145	Katie	Huck	SEN	F	Kendal A.C.	10.32

60m Hurdles Heat 6

1	132		Helsby	U20	F	Liverpool Harriers & AC	8.92
2	31	Helen	Asher	U20	F	Liverpool Harriers & AC	9.00
3	725	Hannah	Francis-Smithson	U20	F	Leeds City AC	9.03
4	98	Katie	Mchale	U20	F	Southport Waterloo AC	10.29

60m Hurdles Heat 7

1	14		Hill	U20	F	City of Sheffield AC	9.30
2	151	Steph	Kaleynhans	U20	M	Macclesfield Harriers & AC	9.53
3	155	Eleanor	Markindale	U20	F	Pendle AC	9.73
4	36	Helen	Banks	U20	F	City of Sheffield AC	9.74

60m Hurdles Heat 8

1	72		Mulle	U15	M	Southport Waterloo AC	9.21
2	126	Jacob	Gardiner	U15	M	Leeds City AC	10.58
3	78	James	Wright	U15	M	Rugby & Northampton AC	11.35

60m Hurdles Heat 9

1	32		Rooney	U17	F	Preston Harriers	8.99
2	156	Katie	Jenkinson	U17	F	Liverpool Harriers & AC	9.23
3	58	Jennifer	Simmons	U17	F	Sale Harriers Manchester	10.17
4	152	Catherine	Cassidy	U17	F	Preston Harriers	10.30

60m Hurdles Heat 10

CITY OF MANCHESTER OPEN MEETING
(Organised by Sale Harriers Manchester)

SUNDAY JANUARY &TH 2007



1	148		Belmorgan	U17	F	Liverpool Harriers & AC	9.87
2	186	Katie	Holt	U17	F	Sale Harriers Manchester	10.26
3	189	Emma	Szostak	U17	F	Holmfirth	10.74
4	94	Katrina	Hall	U17	F	Preston Harriers	10.74

60m Hurdles HEAT 11

1	118	Katarina	Thompson	U15	F	Liverpool Harriers & AC	9.62
2	153	Rachael	Farthing	U15	F	Lancaster & Morecambe AC	10.42

60m Hurdles Heat 12

1	97	Suzanne	Palmer	U15	F	Derby AC	10.22
2	123	Hannah	Lupton	U15	F	Preston Harriers	10.26
3	87	Jade	Woolsey	U15	F	Cleethorpes & District AC	10.95

POLE VAULT Pool A

Height

1	116	Greg	Morrow	Vet 50	M	Mansfield A.C	3.25
3	106	Jonathan	Kirkland	U17	M	Chesterfield & District AC	3.15
2	120	Michael	Sweeney	U20	M	Liverpool Harriers & AC	3.15
4=	173	James	Davies	U17	M	Sale Harriers Manchester	3.00
4=	20	Patrycja	Krawczyk	SEN	F	Dearnside High School	3.00
4=	91	James	Wright	U20	M	Sale Harriers Manchester	3.00
7	92	Matthew	Wright	U17	M	Sale Harriers Manchester	2.80
8	177	Rachel	Thomas	U20	F	Deeside	2.80
9	716	Eric	Martin	U15	M	Dearnside High School	2.60
10=	154	Sam	Etherington	U20	M	Liverpool Harriers & AC	2.40
10=	40	Katherine	Wilson	U17	F	Doncaster AC	2.40
10=	21	Lewis	Foster	U15	M	Dearnside High School	2.40
10=	170	Lindsay	Johnson	SEN	F	Sale Harriers Manchester	2.40
14	139	Hayley	Fox	SEN	F	Lincoln Wellington AC	2.40
15	107	Mark	de Vergori	U15	M	Chesterfield & District AC	2.00

POLE VAULT Pool B

Height

1	713	Luke	Cutts	U20	M	Dearnside High School	5.10
2	780	Robert	Proctor	SEN	M	Sale Harriers Manchester	4.30
3	702	Paul	Hallworth	U17	M	Dearnside High School	4.00
4	161	Fiona	Harrison	SEN	F	Trafford AC	3.80
5	781	Andrew	Sutcliffe	U17	M	Sale Harriers Manchester	3.80
6	788	Laurie	Needham	U20	M	Blackpool&Fylde	3.60
8	746	Franklin	Oparah	SEN	M	Sale Harriers Manchester	3.60
9	174	Matt	Cullen	SEN	M	Sale Harriers Manchester	3.60
10	106	Jonathan	Kirkland	U17	M	Chesterfield & District AC	3.20

LONG JUMP

Distance

1	124	Andrew	Jones	U20	M	Shrewsbury A.C	6.61
2	169	Anthony	Timms	U20	M	Leeds City AC	6.54
3	73	Andrew	Burgess	U20	M	Sale Harriers Manchester	6.49
4	89	Richel Bernal	Navarro	SEN	M	Sale Harriers Manchester	6.42
5	171	Dave	Mountford	SEN	M	City of Stoke AC	6.39
6	746	Franklin	Oparah	SEN	M	Sale Harriers Manchester	6.24
7	35	Tom	Martin	SEN	M	Sale Harriers Manchester	6.15
8	191	Mark	Leicester	SEN	M	Liverpool Pembroke Sefton AC	6.10
9	172	Matthew	Rowlings	U17	M	City of Stoke AC	6.04
10	178	Adam	Timms	U17	M	Pudsey & Bramley AC	5.83
11	92	Matthew	Wright	U17	M	Sale Harriers Manchester	5.67
12	174	Matt	Cullen	SEN	M	Sale Harriers Manchester	5.63
13	86	Craig	Jones	U15	M	Liverpool Harriers & AC	5.60
14	708	James	Hardy	U17	M	-	5.54
15	743	Josh	Barr	-	M	City of Stoke AC	5.50
16	188	Abigail	Idrun	U20	M	Sale Harriers Manchester	5.36
17	184	Lisa	Sable	U17	F	Sale Harriers Manchester	5.10

CITY OF MANCHESTER OPEN MEETING
(Organised by Sale Harriers Manchester)

SUNDAY JANUARY 7TH 2007



LONG JUMP - pool B

Distance

1	173	James	Davies	U17	M	Sale Harriers Manchester	5.84
2	120	Michael	Sweeney	U20	M	Liverpool Harriers & AC	5.30
3	725	Hannah	Francis-Smithson	U20	F	Leeds City AC	5.27
4	111	Sean	James	U20	M	Liverpool Harriers & AC	5.10
5	72	Enrico Dalle	Mulle	U15	M	Southport Waterloo AC	5.06
6	741	Abigail	Haywood	U17	F	Sale Harriers Manchester	5.04
7	143	Harriet	James	U17	F	Preston Harriers	4.95
8	36	Helen	Banks	U20	F	City of Sheffield AC	4.93
9	14	Amy	Hill	U20	F	City of Sheffield AC	4.89
10	145	Katie	Huck	SEN	F	Kendal A.C.	4.83
11	126	Jacob	Gardiner	U15	M	Leeds City AC	4.80
12	144	Claire	Huck	SEN	F	Kendal A.C.	4.76
13	78	James	Wright	U15	M	Rugby & Northampton AC	4.70
14	101	Bethany	Hirst	U17	F	East Cheshire Harriers & Tameside AC	4.69
15	55	Fiona	Laurie	U17	F	Border Harriers & AC	4.63
16	94	Katrina	Hall	U17	F	Preston Harriers	4.63
17	731	Emily	Jameson	U17	F	Blackburn Harriers & AC	4.61
18	58	Jenniefer	Simmons	U17	F	Sale Harriers Manchester	4.61
19	103	Lucy	Mcdermott	U15	F	Manchester Harriers & AC	4.59
20	87	Jade	Woolsey	U15	F	Cleethorpes & District AC	4.51
21	767	Sam	Fraser	U15	F	St Helens Sutton	4.51
22	18	Elizabeth	Clarke	U17	F	Pendle AC	4.44
23	182	Matthew	Lishman	U17	M	Kendal A.C.	4.40
24	123	Hannah	Lupton	U15	F	Preston Harriers	4.29
25	97	Suzanne	Palmer	U15	F	Derby AC	4.28
26	74	Louisa	Hodgson	U17	F	Preston Harriers	4.18
27	63	Anoushen	Mahjoob	U15	F	Manchester Harriers & AC	3.99
28	113	Helen	Croft	U20	F	Liverpool Harriers & AC	3.95
29	5	Christopher	Rushton	U15	M	Leeds City AC	3.94
30	720	Luke	Hutchins	U15	M	East Cheshire Harriers & Tameside AC	3.94
31	183	Callum	Blaikie	U15	M	Kendal A.C.	3.90
32	153	Rachael	Farthing	U15	F	Lancaster & Morecambe AC	3.89
33	80	Patricia	Lewis	U17	F	Salford Metropolitan AC	3.87
34	12	Rebecca	Buchanan	U15	F	Horwich RMI Harriers & AC	3.80
35	96	Lucy	Whitehead	U15	F	Southport Waterloo AC	3.74
36	88	Tiffany	Dacre	U15	F	Horwich RMI Harriers & AC	3.63
37	23	Hannah	Prestage	U15	F	Sale Harriers Manchester	3.55
38	718	William	Lacey	U15	M	Sale Harriers Manchester	3.50
39	750	Edith	Nsarhazia	F	F	Horwich RMI Harriers & AC	3.10

HIGH JUMP

Pool 1

Height

1	180	Benjamin	Mourbey	U20	M	Chesterfield & District AC	1.95
2	765	Mike	Ehlen	U17	M	Sale Harriers Manchester	1.85
3	125	Daniel	Gardiner	U20	M	Leeds City AC	1.80
4	766	Neil	Bell	U20	M	Trafford AC	1.80
5	120	Michael	Sweeney	U20	M	Liverpool Harriers & AC	1.80
6	178	Adam	Timms	U17	M	Pudsey & Bramley AC	1.75
7	122	Steve	Linsell	Vet 40	M	Leeds City AC	1.75

HIGH JUMP

Pool 2

Height

1	114	Chris	Price	SEN	M	Liverpool Harriers & AC	1.75
2	154	Sam	Etherington	U20	M	Liverpool Harriers & AC	1.75
3	173	James	Davies	U17	M	Sale Harriers Manchester	1.75
4=	701	Daniel	Needham	U15	M	Wigan & District Harriers & AC	1.60
4=	156	Katie	Jenkinson	U17	F	Liverpool Harriers & AC	1.60
6	767	Samantha	Fraser	U15	F	St Helens Sutton	1.55
7	148	Sophie	Belmorgan	U17	F	Liverpool Harriers & AC	1.55
8	28	Sam	Haistie	U15	M	Sale Harriers Manchester	1.50
9	151	Steph	Kaleynhans	U20	M	Macclesfield Harriers & AC	1.50
10	143	Harriet	James	U17	F	Preston Harriers	1.50
11	97	Suzanne	Palmer	U15	F	Derby AC	1.45
12	152	Catherine	Cassidy	U17	F	Preston Harriers	1.45
13	78	James	Wright	U15	M	Rugby & Northampton AC	1.45
14	181	Zara	Poulter	U17	F	Liverpool Harriers & AC	1.45
15	123	Hannah	Lupton	U15	F	Preston Harriers	1.45
16	107	Mark	de Vergori	U15	M	Chesterfield & District AC	1.35
17	110	Matt	Kirkland	U15	M	Chesterfield & District AC	1.35
18	5	Christopher	Rushton	U15	M	Leeds City AC	1.25



SHOT - Male

Distance

1	90	Daniel	Brunt	SEN	M	City of Sheffield AC	14.63
2	779	Martin	Bartholomew	U20	M	City of Stoke AC	14.25
3	758	Azmi	Sbaiti	U20	M	Sale Harriers Manchester	13.97
4	160	Tom	Smith	U20	M	-	12.85
5	169	Anthony	Timms	U20	M	Leeds City AC	12.57
6	778	Gregg	Nixon	Sen	M	City of Stoke AC	12.13
7	125	Daniel	Gardiner	U20	M	Leeds City AC	11.98
8	746	Franklin	Oparah	SEN	M	Sale Harriers Manchester	11.78
9	154	Sam	Etherington	U20	M	Liverpool Harriers & AC	11.54
10	726	Joe	Lancaster	U20	M	Sale Harriers Manchester	10.92
11	167	Umar	Hamid	U20	M	Leeds City AC	10.86
13	165	Jack	Vickery	U15	M	Wigan & District Harriers & AC	6.52
14	110	Matt	Kirkland	U15	M	Chesterfield & District AC	5.88

SHOT - female

Distance

1	121	Jessica	Ennis	SEN	F	City of Sheffield AC	12.71
2	14	Amy	Hill	U20	F	City of Sheffield AC	12.40
3	776	Jade	Weston	U17	F	City of Stoke AC	10.25
4	36	Helen	Banks	U20	F	City of Sheffield AC	10.18
5	712	Vicky	Johnson	U20	F	Liverpool Harriers & AC	9.85
6	75	Abbie	Carter	U15	F	Hull Achilles AC	9.84
7	145	Katie	Huck	SEN	F	Kendal A.C.	9.82
8	128	Amber	Merrills	U17	F	Rotherham	9.51
9	144	Claire	Huck	SEN	F	Kendal A.C.	9.51
10	725	Hannah	Francis-Smithson	U20	F	Leeds City AC	9.27
11	767	Samantha	Fraser	U15	F	St Helens Sutton	9.22
12	155	Eleanor	Markindale	U20	F	Pendle AC	8.80
13	151	Steph	Kaleynhans	U20	M	Macclesfield Harriers & AC	8.49
14	152	Catherine	Cassidy	U17	F	Preston Harriers	8.05
15	156	Katie	Jenkinson	U17	F	Liverpool Harriers & AC	7.37
16	703	Rebecca	Keating	U17	F	Horwich RMI Harriers & AC	5.50
17	83	Rachel	Pearson	U15	F	Horwich RMI Harriers & AC	5.45
18	762	Victoria	Bates	U15	F	Horwich RMI Harriers & AC	5.08